



### **Contents**

#### **Milestones**

Southwark Park	Daisy Moone	2
All Changed Since The Eighties	Sylvia Green	3
The Lottery Winner	Helen Frederick	6
Our Park	Natalie Webb	7
Ada Salter Garden		
Ada Salter Garden	Sue Stewart	10
In The Ada Salter Garden	Jane Deakin	11
At The Lake	Rose Ades	14
Hidden Views		
Traces	Helen Frederick	15
Secret Gardens	Ariadne Pascaladini	18
'Rooms Available'	Simon Rutter	19
The Hidden Lane	Sue Stewart	22
Hideaways	Mira Rutter	23
Wilderness Escape	Cindy Glover	26
<b>Lively Inhabitants</b>		
Park Life	Helen Frederick	27
Crows Around The Fairy Tree	Jane Deakin	30
My Park Stalker	Helen Frederick	31
Evening		
Summer Evening In Southwark Park	Katherine Evans	34
Caryatides In Autumn	Jane Deakin	35

"One touch of nature makes the whole world kin"

William Shakespeare

This booklet is a celebration of Southwark Park, to mark 20 years since the Friends of Southwark Park came into being around the issue of much needed improvements.

Much has changed, and we now have a park to be proud of, with more improvements to come. It is a real community resource and hub, as reflected in this collection of writing about our park.

Most of the writing was done in July 2016, at three writing workshops - weekday, evening, weekend.

Some is independent writing from park habituees.

Some illustrations are the writers' own.

All the writers are park lovers, as you can see!

The writing is mostly poetry, and falls loosely into five sections; some background, a focus on the central and beautiful Ada Salter garden, exploration of the 'hidden' Old Nursery Site (soon to be upgraded into a community resource) and Nature Area, lively inhabitants (people and animals) and evening.

Our thanks to the Bermondsey and Rotherhithe Neighbourhood Fund for their support.

Enjoy!

Alison Clayburn (CreativeWritingInRotherhithe)
The Friends of Southwark Park

September 2016



#### **Southwark Park**

1936, and Superintendent Sexby
built a rose garden
to give the fresh air wanted
by Ada Salter, mothers and elderly alike.
After long hard working days
it enabled them to repair
amongst the red hot pokers, lemon yellow lilies
flaming crimson crocosmia and sun drenched marigolds.

Before then, the Victorians used well built nurseries to grow plants that enabled recovery from cholera. Hints of that former world remain in velvety moss covered stone pathways. Purple, pink, blue and white wild flowers reach out above buttercups and daises.

Bear's Breeches stand tall.

The nature trail provides bug hotels, beehives and birds' nests for all to enjoy. No longer in decline, well cared for treasures of the natural world are wandered through by 2016 urbanites.

**Daisy Moone** 

# All Changed Since The Eighties

There's a nature garden where the swings used to be. Busy bees make honey, while humans swarm at Canada Water off to work to make money.

There's swings where
the lido was,
its cafe now a gallery
where artists make
a bigger splash with colour;
manifestations of
the inner eye.

'Bermondsey' comes from 'Beormund's eye'. He was a Saxon king, his 'eye' our bend in the river

The Caryatides, with upheld arms, stood at the entrance to power.

Now they guard a garden.

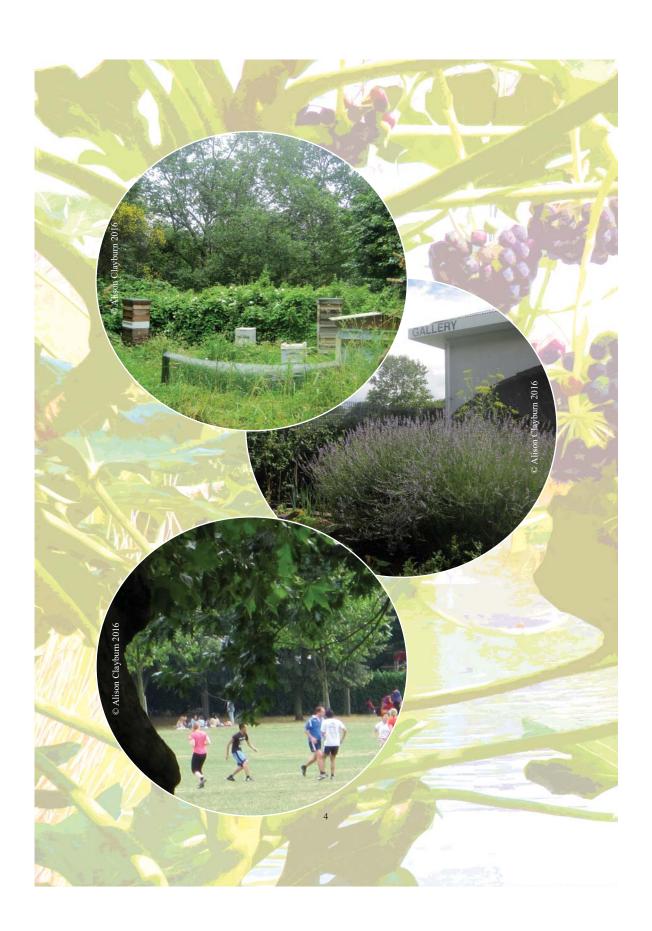
We have a female head of state, there may be a US one too...

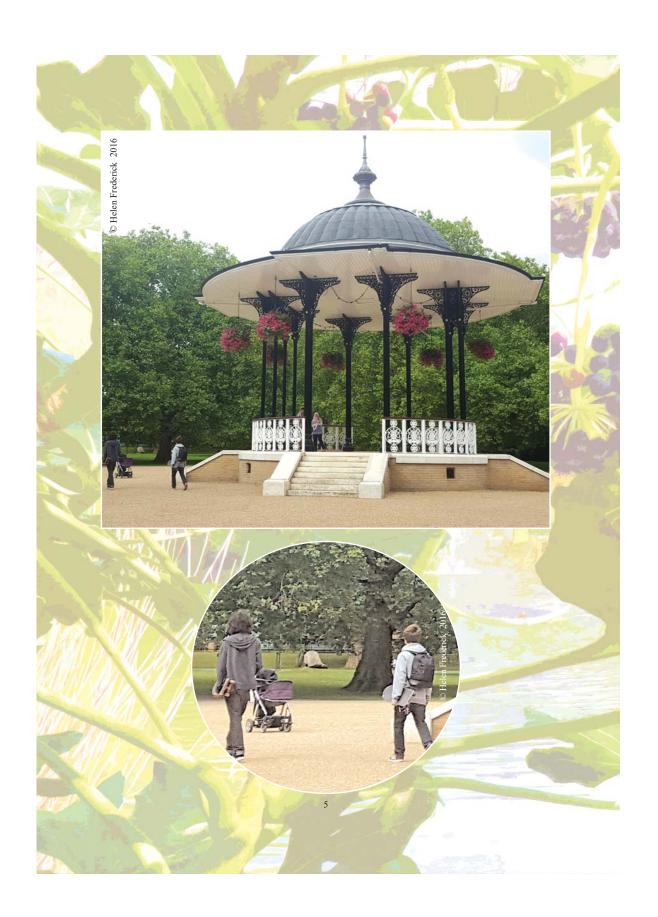
will they hold up the arch of truth?

Across the way fit young bodies exercise. Brain and brawn can come together, as they did in Muhammed Ali.

Memories and future hope come together in this oasis in the city.

Sylvia Green





# **The Lottery Winner**

1861 / 438 / 80 How grand the reconstructed bandstand the roof like an ornate wartime helmet complete with spiked top protecting performers from the summer rain. I look again and it resembles a Victorian metal jelly mould. Wrought iron supports as pretty as butterfly wings sit on 8 sets of black columns baskets of pink blooms sway below. At the base further flowers Pressed into white iron lace Form a pretty picket fence. There are no tunes today The only performers Are 2 youths who skateboard down the side plinths of the steps, while a proud father takes a photo of his wife and child.

**Helen Frederick** 

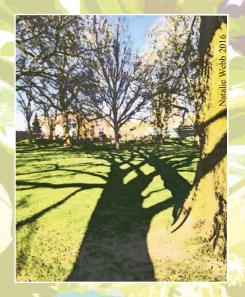
#### **Our Park**

Beyond red busses, and sluggish traffic, through Paradise sturdy iron gates, all seasons may pass in a single day. Planes thunder above ageworn trees, while vivid parakeets rapid fire screech. Squirrels dart away from wayward dogs, determined cyclists and runners race, distracted children, please beware.

In dappled light where shadows play, neat poppies stand tall, counting idle hours. Duvets of flowers are tucked in tightly, amethyst Lupin snuggle in starry dreams, waking gladly to sunny yellow goldsturm. A sundial peacefully watches dolphins play, as ratty pigeons choose park not tube today, boldly puffing bodies to steal ducks' dinner.

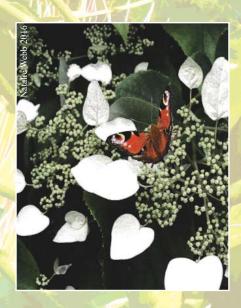
A secret path is carpeted with soft moss, Where happy bees buzz and figs ripen. Birdsong neatly folds you into green leaves, hydrangea sets out lace doilies on leaf plates, a flirty red admiral flutters its eyes at you. Fingerlike branches cradle timid wrens, Goose grass catches hold of your clothes, begging you to stay a little longer.

**Natalie Webb** 



Beyond red busses, and sluggish traffic...

...neat poppies stand tall, counting idle hours



Natalie Webb 2016

...a flirty red admiral flutters its eyes at you...



## Ada Salter Garden

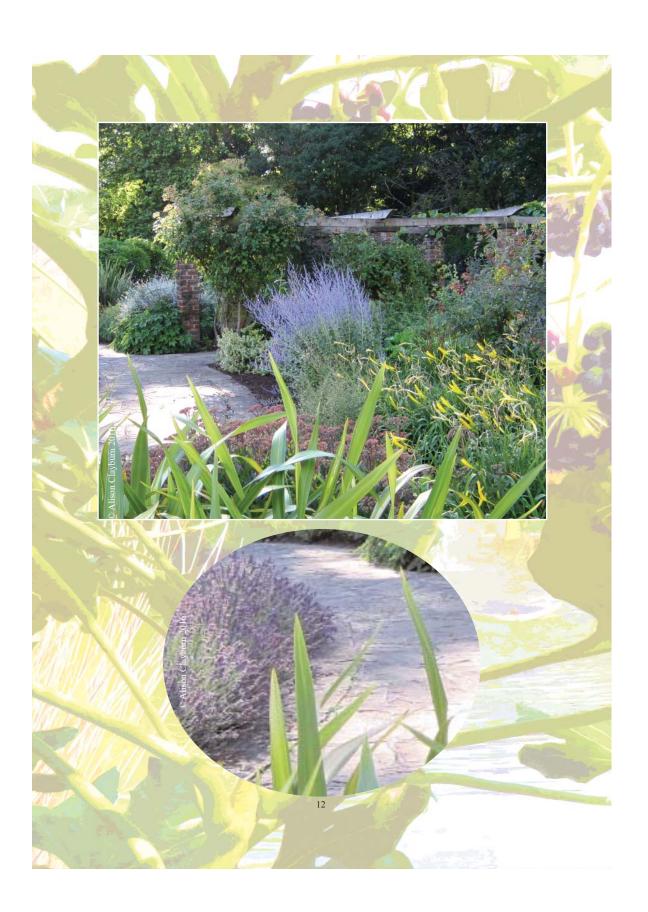
Open beautiful Ada Salter Garden Dolphin statues over a delightful pool Covered vine to protect from sun and rain Roses, honeysuckle and other lovely scents Remembering 150 years of beauty

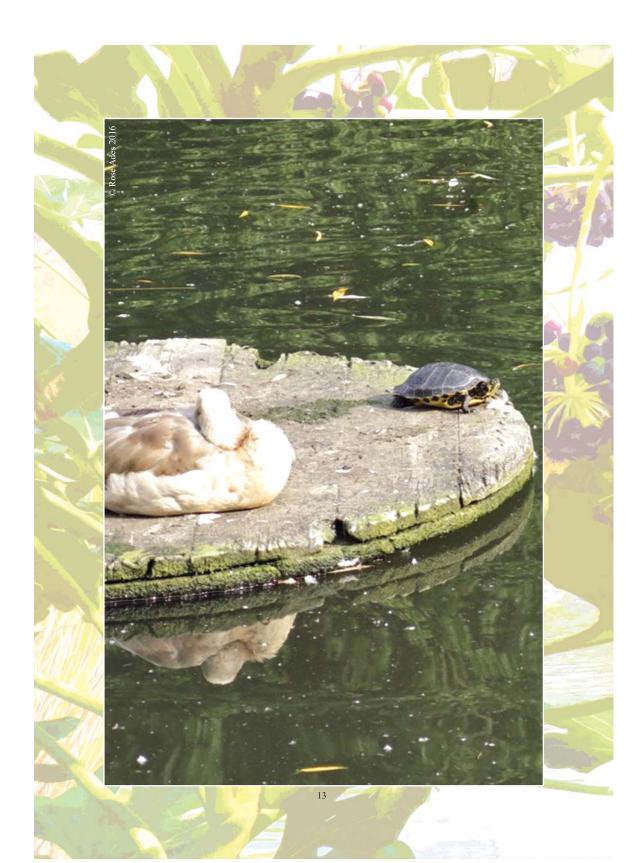
**Sue Stewart** 

## In the Ada Salter Garden

We came for a walk in the park,
It rained and we sheltered under vines.
The birds sang and before the rain stopped,
They increased their clamour
And then were still.

Jane Deakin





# At the Lake

coincident the Yellow Bellied Slider walks away

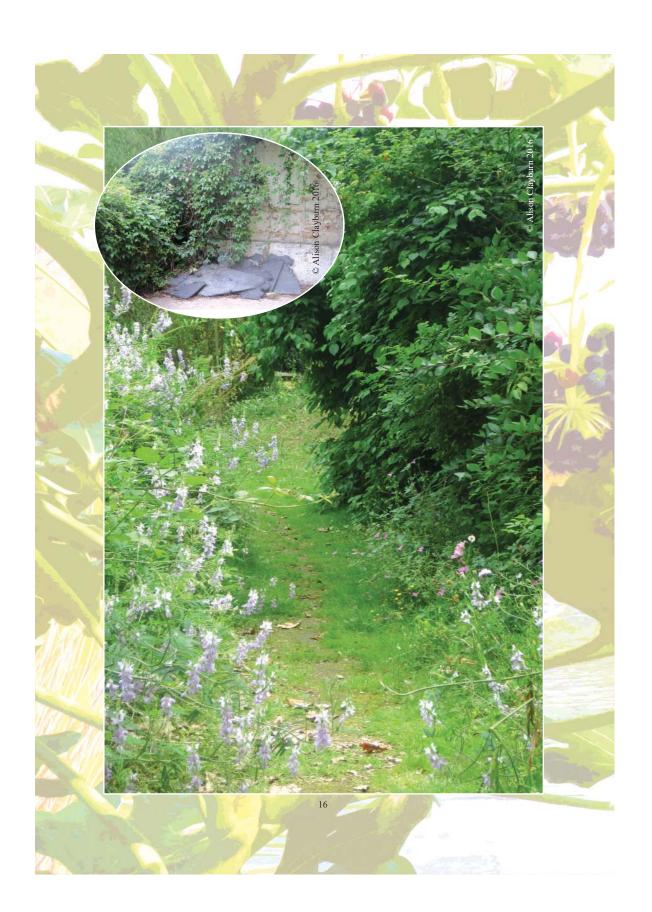
**Rose Ades** 

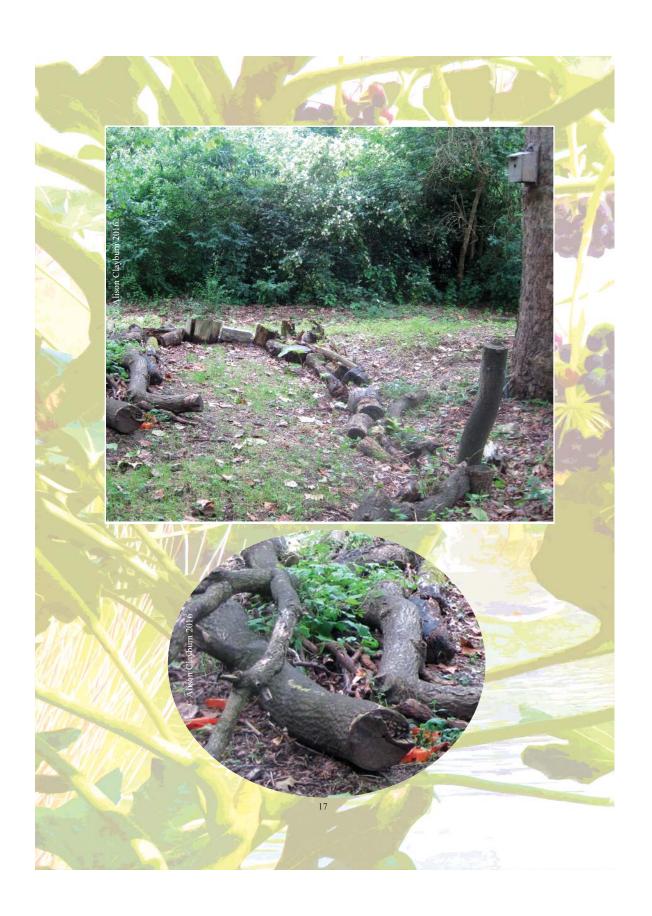
#### **Traces**

We have permission to enter the old nursery. Through the gate and into a corridor of green we go our senses primed looking for poetic detail. The smell is earthy and pleasant as we enter Nature's domain reclaimed and tamed again and again over many years in the battle with man. A silver snail trail on the velvet carpet catches my eye and I realise there are many traces here of man and nature. Fox scat tells of another recent visitor, or resident. Roots push up the tarmac; railway sleepers lie hidden under creepers. Giant hog weed once thought ornamental now highly detrimental dies defeated by the path; the fight continues on neither side has won. Bees outside their hive retrace the path to nectar in descriptive dance using height, compass and the sun dancing quicker

if the nectar's near unaware they are working not just for their queen but for a human master who plunders at liberty from their sugar store. Eucalyptus, fig, rose and cherry trees tell of more ordered times. Sweet scented Honeysuckle entwines with common vine whose leaves are stripped to skeletal lace by a hidden precision eater. A silver disc 0054 gives a number to a sycamore; a squirrel performs acrobatics games near the remains of cold frames and disused drains. There are traces everywhere of activity old and new. As we leave I realise we too have left our mark; heel scuffs to cement below on the green carpet now clearly show.

**Helen Frederick** 





### **Secret Gardens**

Entrance to the secret gardens is gradually happening. Open gates are not enough for an immediate access. When the senses are awakened, other doors open to the life of the place.

We step into humid soft greenish-brownish pathways. Trunks of trees are all dressed up. We find jasmine branches but also poisoning plants in our way. Near the honeysuckles are little wooden boxes where bees are peacefully active. Further on we discover forgotten little store-rooms

In the wild area, Stonehenge with wooden pieces for stones under a tree, a mystically arranged circle where the invisible guardians wait for us. Singing birds give the right tone to align ourselves with the harmonious freedom of Nature.

Ariadne Pascaladini

### 'Rooms Available'

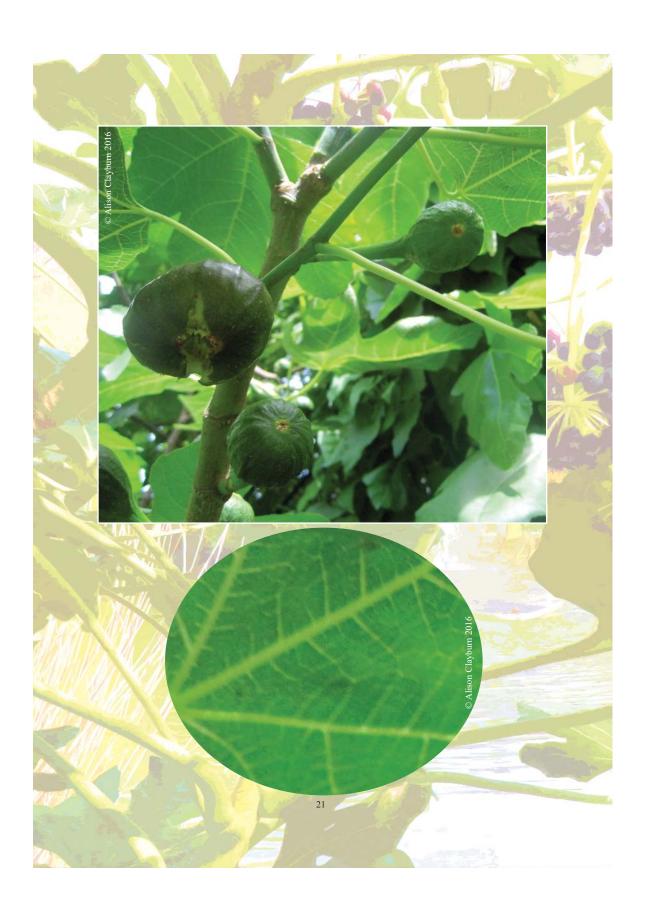
The birdhouse sits low on the tree Waiting like a bedsit with vacancies For an occupant to ring its bell

Its solitary hole looks out, scanning the area for guests
But no one comes, not even to enquire
The birds are restless tonight

The wooden roof has been pecked at A large hole has appeared at its corner But were they trying to get in, or out, I wonder?

**Simon Rutter** 





## The Hidden Lane

Lovely green lane

It's a special place for these treasured minutes

Willow trees around

Nettles are ready for soup making

Wild flowers, jasmine and honeysuckle abound

There's bird noise from parakeets, a sound of a jet from City Airport

Hog weed - it causes blisters from the sun

Gorgeous smell after rain

Bee hives for bees to pollinate flowers and produce precious honey

A grey squirrel scampers up and down a tree, pausing and then disappearing

Bamboo Canes are multiplying

An old Nursing Home has gone

White painted bricks remain

A fig tree with plentiful, unripe green figs will soon to be ready for eating

Butterflies hide in this secret reserved section of Southwark Park

**Sue Stewart** 

# **Hideaways**

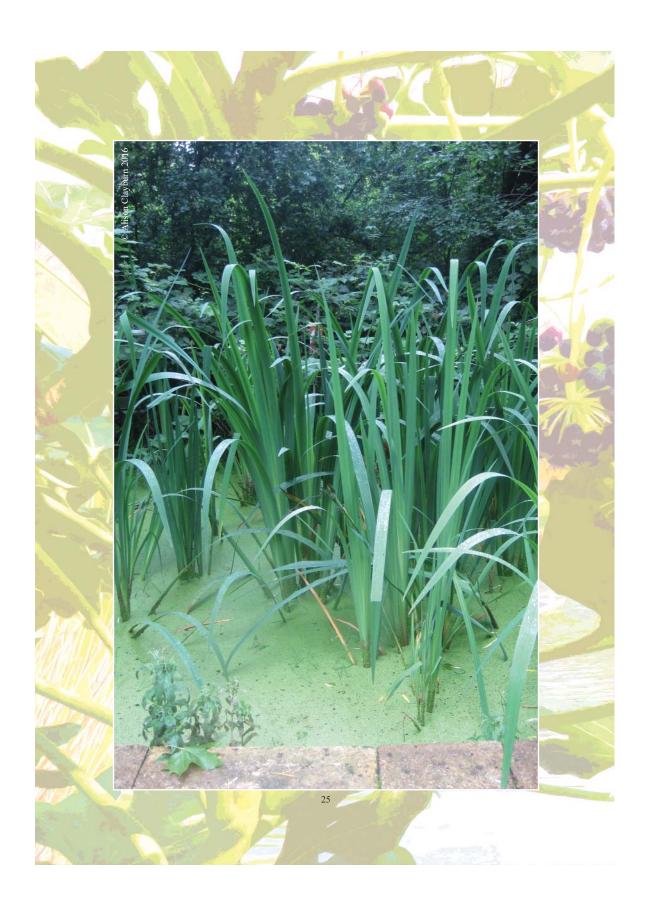
The first thing I noticed was the woody, musky sort of smell; then the softness of the combined grass and moss under my feet. With each step I made, I thought "No Persian carpet can be softer."

Then, a tangy smell I've noticed many times around Rotherhithe appeared. I can't put my finger on it. I really wonder what it is. Is it from an animal or a plant?

I walked on and was surprised to find myself under a big cherry tree with lots of tiny pretty cherries. They were so many and so close, yet not close enough for me to reach them. I jumped and jumped but to no avail. So, I continued on the path, wandering and thinking how even when we've been to places hundreds of times there are always hidden treasures to discover. And - what was that smell?

**Mira Rutter** 





# Wilderness Escape In Southwark Park

Third degree burns, the hog weed will give you, looping over log, like a croc on attack.

Making mischief, the mossy path awaits our slips and snakes of bindweed curl the strangled branch.

Brambles tug and scratch, nestling nettles sting, and different shades of ivy vie for light.

Smooth algaed covered pond tempts you to walk, then drown, whilst the khaki lichen bark looks on.

Alas, from this urban growth of danger, but, oh so peaceful, we are called back to safety too soon.

**Cindy Glover** 

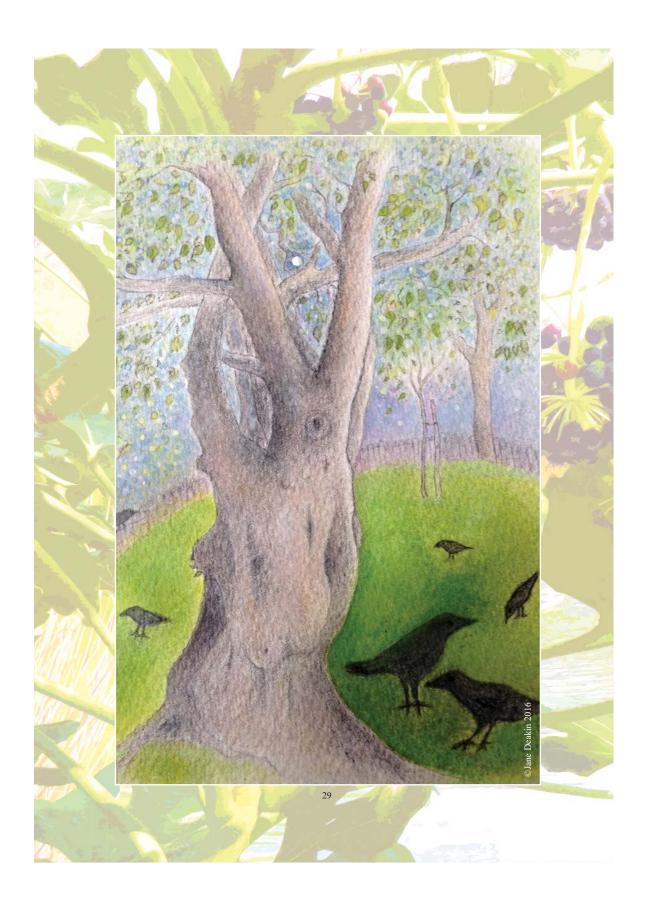
#### Park Life

My hands are greasy and gritty from stroking Autumn's coat; he's the Shiba Inu I met this summer's day in Southwark Park, a sturdy Japanese hunting dog afraid of the excited toddler who raced towards him arms wide hands grasping in delight. I am in the cultivated side of the park now pedalos and trees in neat ordered rows, grass trimmed paths pristine. A maverick Kingsmill bread wrapper whose contents were probably used to unwisely feed ducks tumbles over the perfect path. What a contrast here to the nature reserve earlier. A youth walks gingerly on a slack rope

tied between 2 trees showing none of the ease of the squirrel I spotted performing earlier. Children chase bubbles and pigeons in equal measure as parents take their pleasure In popping Prosecco. Balls bounce and fly through the sky; children crawl scream, yell or loll. 2 litre bottles of pop in pink, orange and green line a bench, the children's thirst to quench after their charging's done. All this fun is park life.

**Helen Frederick** 





# **Crows Around The Fairy Tree**

There are crows in Southwark Park, Many crows. Sometimes they flock Like a dark cloud. They enjoy the shade of the Fairy tree. The children love To climb the fairy Tree. They watch me draw. Over three seasons I draw and paint The tree. I get to know her lovely knarley bits. If you are very quiet and listen at dusk, The shy fairy spirits will reveal themselves to you, from deep inside her lovely branches, And the full moon Will light your way.

Jane Deakin

# My Park Stalker

A red-footed pigeon
with dark breast
amid glistening glimpses
of metallic green
and purple plumage
is patiently waiting at my feet,
convinced I will eat soon
and having staked me out
he will be the beneficiary
of such forward planning.

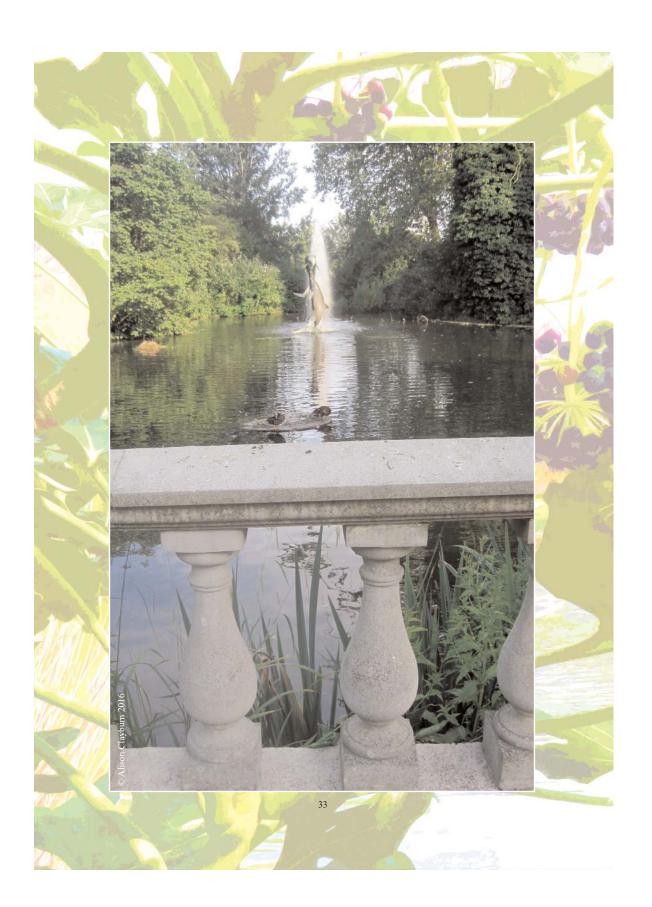
He looks at me
with the certainty
I will crack soon
no human
can sit on a bench
for long without
consuming something.
Neither of us will budge
on our differing opinions
on this matter.

I am here to write
and have no further appetite
He folds his legs away
and takes in some sun
he's in for the long run
in this stake out.
Another pigeon struts by
clocks the situation
and is out of here.

Suddenly my stalker sensing his futile folly is on the wing too, off into the distance just as I was getting to like his tenacity thinking I may succumb to his persistence and offer up a crumb of luncheon.

**Helen Frederick** 





# **Summer Evening in Southwark Park**

There are secret places Strips of wild countryside Bounded by houses With weeds head high And giant trees

So still at the end of the day
Warm and damp
The endless splash of a fountain
And through the mist of the spray
A quiet game of ball

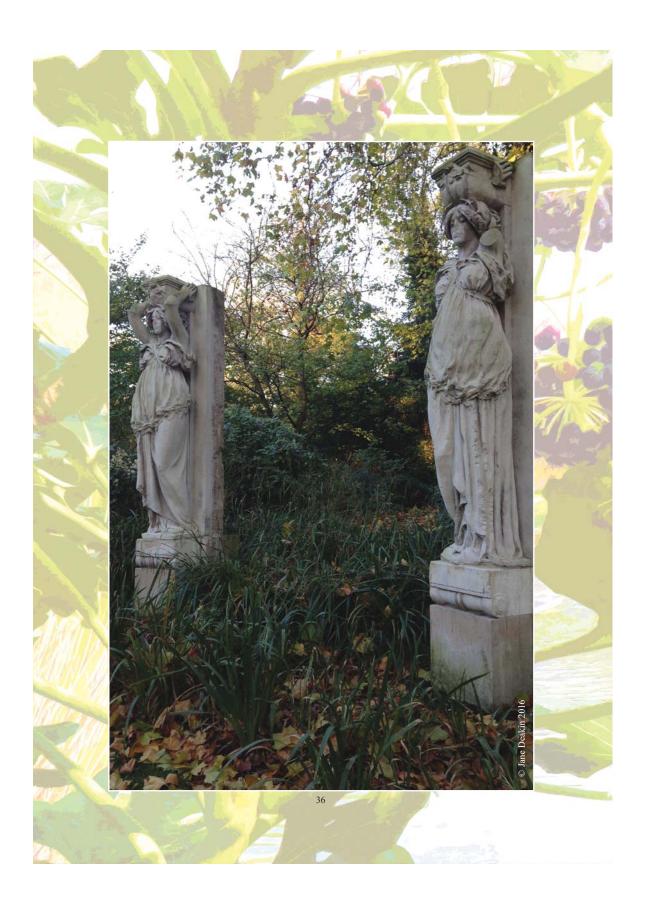
This place is as lovely As any London park

**Katherine Evans** 

# **Caryatides in Autumn**

The caryatides were divine,
In the soft glow of autumn.
Green leaves shimmered
All around,
As in a heat haze.
Gentle dusky glow.
We walked across the park,
The stones at twilight
Were violet.

Jane Deakin



#### \*NO MEMBERSHIP FEE\*

We are an inclusive group open to all. We believe that the more members we have, the more our voice is heard and listened to.

You can join us through our website: www.friendsofsouthwarkpark.co.uk or by completing the application form below.

Membership Application (PLEASE PRINT CLEARLY)

I wish to join The Friends of Southwark Park. I agree to my details being held and used for FoSP business only.

1 (01110				
Address				
		Ро	stcode	
Phone	.Email			
Signature		.Date		

The Friends of Southwark Park, c/o 3, Fairoak Drive, London, SE9 2QG

Please send completed form to:

www.friendsofsouthwarkpark.co.uk ourpark@live.co.uk

